

The Movement Foundation

Teaching Grant Application

For Reference Only. Please Do Not Submit.

This document is for your reference only. Please apply using the form online. Or to request alternative application options for vision, language, or other accommodations, please contact us at dana@themvmtfoundation.org.

Personal Information

Note: This personal information (i.e. the applicant's identity) is hidden during the evaluation and selection process.

Full Name / Pronouns / Email / Phone Number

Are you incorporated? If incorporated, provide business name.

Professional Information

1. List or describe your instructor education and training.

Include any courses, workshops, mentorships, in-house training, education, or studies. Please be detailed, and exclude your name if opting to copy any information from a bio.

2. Where have you taught group classes?
3. What type of group classes have you taught?
4. How long have you taught group classes?

Community & Class Information

5. For what community do you want to make movement more accessible and inclusive?

Please identify a specific community you are seeking to support. For example, the community may be identified by neighborhood, race, gender, religion, culture, language, disability, income, age, or life experience. The clear and specific identity of the community you're serving is a key component of this application and grant. Subsequent questions will relate back to how this question is answered.

6. What is your connection to this community?
7. How are movement activities and spaces often less accessible or inclusive for this community?

8. What type of movement class do (or will) you teach?

9. Is the class already in progress? Y/N

10. What is the class name?

11. What is the class description?

12. How does (or will) your class center and serve the unique needs of this community?

This is beyond the general benefits of movement, fitness and/or the type of class being taught. How will you adapt the class for your community based on their unique needs (vs how this class might be taught to other communities or the general population).

13. When does (or will) the class take place? Can provide estimated or approximate timing. Please include days, dates or time frame, and if there is a planned end date.

14. What location(s) are secured for the class? If using a public or private location that is not your own, please upload any form of written confirmation that you have permission to teach at the location.

15. What is the class cost for participants?

16. Is registration required or encouraged? If so, through what process?

17. How are you connecting specifically with the community you want to serve to promote your class?

18. Optional: Is there anything else you would like to share about your class, goals, mission, or community?